CEQ\_1   
Looking back at your first psychedelic experience, please rate the degree to which at any time during that session you experienced the following phenomena. Answer each question according to your feelings, thoughts, and experiences at the time of your first psychedelic experience. In making each of your ratings, use the provided scale:   
    
1. Isolation and loneliness

0 - none; not at all (0)

1 - so slight cannot decide (1)

2 - slight (2)

3 - moderate (3)

4 – strong (4)

5 – extreme (more than ever before in my life) (5)

CEQ\_2 2. Sadness

0 - none; not at all (0)

1 - so slight cannot decide (1)

2 - slight (2)

3 - moderate (3)

4 – strong (4)

5 – extreme (more than ever before in my life) (5)

CEQ\_3   
3. Feeling my heart beating

0 - none; not at all (0)

1 - so slight cannot decide (1)

2 - slight (2)

3 - moderate (3)

4 – strong (4)

5 – extreme (more than ever before in my life) (5)

CEQ\_4 4. I had the feeling something horrible would happen

0 - none; not at all (0)

1 - so slight cannot decide (1)

2 - slight (2)

3 - moderate (3)

4 – strong (4)

5 – extreme (more than ever before in my life) (5)

CEQ\_5   
5. Feeling my body shake/tremble

0 - none; not at all (0)

1 - so slight cannot decide (1)

2 - slight (2)

3 - moderate (3)

4 – strong (4)

5 – extreme (more than ever before in my life) (5)

CEQ\_6 6. Feelings of grief

0 - none; not at all (0)

1 - so slight cannot decide (1)

2 - slight (2)

3 - moderate (3)

4 – strong (4)

5 – extreme (more than ever before in my life) (5)

CEQ\_7   
7. Experience of fear

0 - none; not at all (0)

1 - so slight cannot decide (1)

2 - slight (2)

3 - moderate (3)

4 – strong (4)

5 – extreme (more than ever before in my life) (5)

CEQ\_8 8. Fear that I might lose my mind or go insane

0 - none; not at all (0)

1 - so slight cannot decide (1)

2 - slight (2)

3 - moderate (3)

4 – strong (4)

5 – extreme (more than ever before in my life) (5)

CEQ\_9   
9. I felt like crying

0 - none; not at all (0)

1 - so slight cannot decide (1)

2 - slight (2)

3 - moderate (3)

4 – strong (4)

5 – extreme (more than ever before in my life) (5)

CEQ\_10 10. Feeling of isolation from people and things

0 - none; not at all (0)

1 - so slight cannot decide (1)

2 - slight (2)

3 - moderate (3)

4 – strong (4)

5 – extreme (more than ever before in my life) (5)

CEQ\_11   
11. Feelings of despair

0 - none; not at all (0)

1 - so slight cannot decide (1)

2 - slight (2)

3 - moderate (3)

4 – strong (4)

5 – extreme (more than ever before in my life) (5)

CEQ\_12 12. I had the feeling that people were plotting against me

0 - none; not at all (0)

1 - so slight cannot decide (1)

2 - slight (2)

3 - moderate (3)

4 – strong (4)

5 – extreme (more than ever before in my life) (5)

CEQ\_13   
13. I was afraid that the state I was in would last forever

0 - none; not at all (0)

1 - so slight cannot decide (1)

2 - slight (2)

3 - moderate (3)

4 – strong (4)

5 – extreme (more than ever before in my life) (5)

CEQ\_14 14. Anxiousness

0 - none; not at all (0)

1 - so slight cannot decide (1)

2 - slight (2)

3 - moderate (3)

4 – strong (4)

5 – extreme (more than ever before in my life) (5)

CEQ\_15   
15. I felt shaky inside

0 - none; not at all (0)

1 - so slight cannot decide (1)

2 - slight (2)

3 - moderate (3)

4 – strong (4)

5 – extreme (more than ever before in my life) (5)

CEQ\_16 16. I had the profound experience of my own death

0 - none; not at all (0)

1 - so slight cannot decide (1)

2 - slight (2)

3 - moderate (3)

4 – strong (4)

5 – extreme (more than ever before in my life) (5)

CEQ\_17   
17. I felt my heart beating irregularly or skipping beats

0 - none; not at all (0)

1 - so slight cannot decide (1)

2 - slight (2)

3 - moderate (3)

4 – strong (4)

5 – extreme (more than ever before in my life) (5)

CEQ\_18 18. Pressure or weight in my chest or abdomen

0 - none; not at all (0)

1 - so slight cannot decide (1)

2 - slight (2)

3 - moderate (3)

4 – strong (4)

5 – extreme (more than ever before in my life) (5)

CEQ\_19   
19. I experienced a decreased sense of sanity

0 - none; not at all (0)

1 - so slight cannot decide (1)

2 - slight (2)

3 - moderate (3)

4 – strong (4)

5 – extreme (more than ever before in my life) (5)

CEQ\_20 20. I felt as if I was dead or dying

0 - none; not at all (0)

1 - so slight cannot decide (1)

2 - slight (2)

3 - moderate (3)

4 – strong (4)

5 – extreme (more than ever before in my life) (5)

CEQ\_21   
21. Panic

0 - none; not at all (0)

1 - so slight cannot decide (1)

2 - slight (2)

3 - moderate (3)

4 – strong (4)

5 – extreme (more than ever before in my life) (5)

CEQ\_22 22. Experience of antagonism toward people around me

0 - none; not at all (0)

1 - so slight cannot decide (1)

2 - slight (2)

3 - moderate (3)

4 – strong (4)

5 – extreme (more than ever before in my life) (5)

CEQ\_23   
23. Despair

0 - none; not at all (0)

1 - so slight cannot decide (1)

2 - slight (2)

3 - moderate (3)

4 – strong (4)

5 – extreme (more than ever before in my life) (5)

CEQ\_24 24. I felt isolated from everything and everyone

0 - none; not at all (0)

1 - so slight cannot decide (1)

2 - slight (2)

3 - moderate (3)

4 – strong (4)

5 – extreme (more than ever before in my life) (5)

CEQ\_25   
25. Emotional and/or physical suffering

0 - none; not at all (0)

1 - so slight cannot decide (1)

2 - slight (2)

3 - moderate (3)

4 – strong (4)

5 – extreme (more than ever before in my life) (5)

CEQ\_26 26. I felt frightened

0 - none; not at all (0)

1 - so slight cannot decide (1)

2 - slight (2)

3 - moderate (3)

4 – strong (4)

5 – extreme (more than ever before in my life) (5)